

Page Breaks

Insert a page break

(MSWord 2007, click HELP or the ? at the right end of the menu bar. Scroll down to click Page Breaks)

You can insert a page break anywhere in your document, or you can specify where Microsoft Word positions automatic page breaks.

If you insert manual page breaks in documents that are more than several pages in length, you might have to frequently rebreak pages as you edit the document. To avoid the difficulty of manually rebreaking pages, you can set options to control where Word positions automatic page breaks.

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Insert a manual page break

1. **Click where you want to start a new page.**
Select Cover Page, Blank Page, Page Break, Pages
2. **On the Insert tab, in the Pages group, click Page Break.**

Prevent page breaks in the middle of a paragraph

1. Select the paragraph that you want to prevent from breaking onto two pages.
2. On the **Page Layout** tab, click the **Paragraph** Dialog Box Launcher, and then click the **Line and Page Breaks** tab.
3. Select the **Keep lines together** check box.

Prevent page breaks between paragraphs

1. Select the paragraphs that you want to keep together on a single page.
2. On the **Page Layout** tab, click the **Paragraph** Dialog Box Launcher, and then click the **Line and Page Breaks** tab.
3. Select the **Keep with next** check box.

Specify a page break before a paragraph

1. Click the paragraph that you want to follow the page break.
2. On the **Page Layout** tab, click the **Paragraph** Dialog Box Launcher, and then click the **Line and Page Breaks** tab.
3. Select the **Page break before** check box.

Place at least two lines of a paragraph at the top or bottom of a page

A professional-looking document never ends a page with just one line of a new paragraph or begins a page with only the last line of a paragraph from the previous page. The last line of a paragraph by itself at the top of a page is known as a widow. The first line of a paragraph by itself at the bottom of a page is known as an orphan.

1. Select the paragraphs in which you want to prevent widows and orphans.
2. On the **Page Layout** tab, click the **Paragraph** Dialog Box Launcher, and then click the **Line and Page Breaks** tab.
3. Select the **Widow/Orphan control** check box.

NOTE This option is turned on by default.

Prevent page breaks in a table row

1. Click the row in the table that you don't want to break. Select the entire table if you don't want the table to break across pages.

NOTE A table that is larger than the page must break.

2. On the Table Tools tab, click Layout

3. In the Table group, click Properties

4. Click the Row tab, and clear the Allow row to break across pages check box.

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