System Restore Viruses

Don't Restore Viruses. If your system's been infected, Win XP and ME's System Restore tool may have backed up a virus in the System volume information folder or in _RESTORE. You'll want to disable System Restore before scanning if you suspect you're infected. Do it by selecting Control Panel, System, System Restore, then checking "Turn Off System Restore." Make sure to turn Restore back on after the scan. BTW, it's not necessary to disable System Restore each time you scan.