

PROGRAMS RUNNING

To see the programs running, hold down the ALT key and press the TAB key. Pressing the TAB key will move you from one program to the next. Pressing the SHIFT/TAB will move you backwards on the list of running programs.

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Running Programs

Many times when you install programs you will get a message to “turn off all running programs before installing”.

Generally, it is enough to rightclick icons and EXIT or Disable the programs shown in the right end of the taskbar. These are running programs.

Also, if you have a screen saver, you must rightclick the desktop and click Properties. Click the Screen Saver tab, then scroll to the top of the list of screen savers and select NONE...click Apply and Ok.

If you have power management set to turn off the monitor and hard drive when idle for awhile, you must change the settings to NEVER. Go to Control Panel. Click Power management and select NEVER for each item.

However, if you're running defrag or scandisk and you get the message “this program has restarted 10 times....” It is due to one or more programs running in the background. In this case, the above may not turn off ALL running programs. In this case,

1. Click Start...Run and type in msconfig click OK
2. Click the box LOAD THESE ITEMS AT STARTUP to remove the check.
3. Click APPLY and OK and Restart your computer

If the defrag still will not complete, restart the computer in Safe Mode and run defrag.

NOTE: After completing defrag and/or scandisk you must go back and check LOAD THESE ITEMS AT STARTUP. Then click the STARTUP tab and uncheck any programs you do not want to have start every time you start the computer.

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