The Villages Computer Club - Friday 6/29/12 1 PM at Hacienda Rec Ctr.

You will have access to a variety of *experienced technical help* at this Friday's meeting. The workshop is a great success because in an informal environment you can get your computer questions answered.

We will have tables around the room each manned by one or more of our technical helpers. Each table will cover a different technology. Come and join us.

Refreshments will be served and we will have the standard door prices and 50/50.

Sign up to be on the VCC email list at the VCC home page (below)

For more information on the VCC please reference the clubs web site at: <a href="http://thevillagescomputerclub.com/">http://thevillagescomputerclub.com/</a>

Guests are always welcome.

For information, email Paul Rabenold at TVCC.Pres@gmail.com

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#### Are you being cheated at the gas pumps?

I stopped at a BP gas station in GA. My truck's gas gauge was on 1/4 of a tank. I use the mid-grade, which was priced at \$3.71 per gallon. When my tank is at this point, it takes somewhere around 14 gallons to fill it up.

When the pump showed 14 gallons had been pumped, I began to slow it down. Then, to my surprise, it went to 15, then 16. I even looked under my truck to see if it was being spilled. It was not.

Then it showed 17 gallons on the pump. It stopped at 18 gallons. This was very strange to me, since my truck has only an 18 gallon tank. I went on my way a little confused, then on the evening news I heard a report that 1 out of 4 gas stations had calibrated their pumps to show more gas had been pumped than a person actually got.

Here is how to check a pump to see if you are getting the right amount:

Whichever grade you are using, put <u>EXACTLY 10 GALLONS</u> in your tank, then look at the dollar amount. If the dollar amount is not <u>EXACTLY</u> 10 times the price of the fuel you have chosen, then the pumps are rigged.

In my case, as I said, the mid-grade was \$3.71 9/10 per gallon; my dollar

amount for 10 gallons should have been \$37.19. I wish I had checked the pump. It doesn't matter where you pump gas please check the 10 gallon price. If you do find a station that is cheating, contact the state Agriculture Department, and direct your comments to the Commissioner the info is on the gas pumps.

How to change the default font size in AOL 9.7

<u>Click here: How do I customize my font settings in the AOL Desktop software? - AOL</u> Help

Click here: How do I set preferences for composing an email in AOL webMail? - AOL Help

#### **Kindle Fonts Setting**

When reading books, magazines, newspapers, or other items on Kindle, you can select a font size that is comfortable for you. Kindle provides a various font sizes ranging from approximately seven to 40 points and allows you to easily change the text size while reading.

You can choose from eight different font sizes on Kindle Fire. To change the font size while reading,

- 1. Tap the top of the screen to bring up the menu at the bottom of the screen
- 2. Or tap the center of the screen while reading text.
- 2. Tap the Text icon (Aa) to display text appearance options.
- 3. Tap to select the preferred font size.. Select the Text button (Aa) that is your desired font size.

On the same menu, you'll also see options to adjust the words per line, typeface, line spacing and font size. When finished selecting your preferences, tap the "x" in the corner of the menu to close it.

| *************************************** |
|---|
| Kindle Tutorials                        |
| Click Here: Click here: Amazon.com Help |
|   |

#### Video confusion

by <u>Alain Martel1</u> - 4/12/08 9:53 AM

In reply to: <u>PC video memory confusion: Dedicated, shared, discrete, oh my!</u> by <u>Lee Koo (ADMIN)</u>

What the memory term means.

When you have shared memory, the video "card" is integrated into the motherboard. It use the same memory as the rest of the system. The video memory used is SUBSTRACTED or removed from the main memory. This can be a big inconvenient. Another problem is that the memory bandwidth is shared between video processing and computing. You can set the amount of main RAM to be used for the video, but you need to change it from the BIOS settings. You find that kind of settup on cheap motherboards, usually with prety limited memory expandability. It can be OK for you if all you do is surfing the internet, lisen to music, do some acounting and text processing, and only do some casual gaming like solitair and winmine. You may get some degradation with some video, especialy for anything high definition. Advantage: LOW price.

Inconvenients: Reduce available RAM, lowest end video processor, can't upgrade. The motherboard's BIOS may NOT allow you to use a separate video card. NO PCIe nor AGP connector.

Dedicated is similar to the preceding. The motherboard contains a "video card" builtin, but functionally separated from the rest of the computing circuitry. The advantage is that is't not shared with the rest of the system and have it's own data bus. The video processing can no longer interfere with the computing.

OK with about any video playing. Video editing may cause problems. Most games will play with acceptable performances. Upper mid range games and above will probably show jerky animation in the most intence parts.

Middle price. The "card" can't become unseated.

If you want to install a video card, you may need to get a PCI card as those boards seldom have a dedicated video card connector.

With the preceding 2 options, if there is a video processor failure, you need to change the mother board or install a dedicated video card.

Discreet is video RAM that reside on a video card. That memory is completely separate from system RAM. The video processing is also independent from the computing. Some of those video cards can have 512 Mb or even 1 Gb of video RAM! TOP performances are possible... for a price!

The price range from low (about \$70) to outrageous (\$1000 and more).

Most video cards come with at least 128 Mb of video RAM. You can still get some with less, but they may not allow you to use that LCD at native resolution, and the saving, if any, will be negligeable.

In your case, I'd stay well away from the shared kind. Video cards are easy to change, integrated video can't be changed.

Considering that even some "tame" video games can be very graphics intensive, and that you may discover a taste for some more intense gaming, I'd go for the dedicated video card with 256 or 512 Mb of RAM.

Photo editing don't ask much from the video card, any will do. It's a CPU/main system RAM task.

The next step, video editing, ask for as much main RAM as possible and a fast hard drive, but very little for the video RAM, any lower mid range will do.

As for the rest of the computer, look to get as much main RAM as you can. Also, a second hard drive where you put your data would be a very good idea. That way, when you need to reinstall windows, all your data will be safe without the need of backing it all up.

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#### **Web Cam Communication**

To communicate with others using your web cam, you both must install your web cams and then you must use the same VOIP (Voice Over Internet Program, such as SKYPE) for the communication to work.

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### **SKYPE Setup - PC running Windows 7**

#### How to...

- Find the audio settings.
- Change playback options.
- Change recording options.
- Check Skype's configuration to use a Windows default device.

#### How to find the audio settings

1. Click on the **Start** button and navigate to the **Control Panel** tab.

#### **Control Panel Window** will appear

- 2.In the Control Panel window find the Hardware and Sound section. Click on it.
- 3. And then click the **Sound** section.

**Note:** If your Control Panel is in Classic view, double click the Sound section directly.

#### How to change playback options

Once you've found your audio settings, the Sound window opens with Playback tab selected.

#### Click on the sound device Skype uses.

- 1. It should have a tick beside it. If it doesn't, set it as your default by clicking the Set Default button.
- 2. Click on the Properties button. This opens the Speaker properties window. Check the Device usage dropdown and select "Use this device (enable)".
- 3. Now click the Levels tab on the Speaker properties window.
- 4. Check the Speakers volume is high enough and make sure it is not muted.
- 5. Make sure that **Microphone** volume is muted.
- 6. Click **Apply** and OK to close.

#### How to change recording options

Choose the **Recording** tab on the **Sound** panel.

Click on the recording device that Skype uses.

- 7. It should have a tick beside it. If it doesn't, set it as your default by clicking the Set Default button.
- 8. Click on the Properties button. This opens the **Mic properties** window. Check the Device usage dropdown and select "Use this device (enable)".
- 9. Now click the **Levels** tab on the **Speaker properties** window. Slide the Microphone Boost to 0 to disable it.

- 10. Check Mic volume is set to maximum.
- 11. Click **Apply** and **OK** to close.

#### Now make a test call in Skype to check your microphone.

If you are still having problems with the microphone:

Click on Start > All Programs > Accessories > Sound Recorder.

The Sound Recorder panel will appear.

Try to record your speech though your microphone. Now play it back.

If you **can't hear** what you recorded, go to the **Sound** section of the **Control Panel** and play with the microphone settings until the recording test works for you.

If you **can hear** your recording, make sure that Skype uses the Windows default audio device (follow the steps below).

#### How to check Skype's configuration

Start Skype

Click on **Tools > Options** in the main menu.

The **Skype Options** panel will appear.

Find the Audio Settings tab, click on it.

In the **Microphone** and **Speakers** dropdown menus, select the devices that you chose in the Control Panel.

Click Save.

#### **Test your sound in Skype**

If you are still having problems with your audio or microphone, go back to the **Sounds and Audio** section of the **Control Panel**:

In **system tray** users should select the volume icon:

- Mute all has to be unchecked.
- Wave Mute has to be unchecked.

- Microphone Mute has to be unchecked.
- Other channels (CD Player, Video, 3D Depth, etc) are not necessary.

Now test your sound again.

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# I've read this before but do not have any real proof that it works...maybe I'll give it a try. Jmax

Cancer Patients and Potential Patients......Read this.

# Eating Fruit - this opened my eyes.

Dr Stephen Mak treats terminally ill cancer patients by an "un-orthodox" way and many patients recovered. He believes on natural healing in the body against illnesses. See the article below.

Dear Shereen,

Thanks for the email on fruits and juices. It is one of the strategies to heal cancer. As of late, my success rate in curing cancer is about 80%. Cancer patients shouldn't die. The cure for cancer is already found. It is whether you believe it or not? I am sorry for the hundreds of cancer patients who die under the conventional treatments...

Thanks and God bless.

Dr Stephen Mak

# **EATING FRUIT...**

It's very informative

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We all think eating fruits means just buying fruits, cutting it

and just popping it into our mouths. It's not as easy as you think. It's important to know how and when to eat.

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What is the correct way of eating fruits?

# IT MEANS NOT EATING FRUITS AFTER YOUR MEALS! \* FRUITS SHOULD BE EATEN ON AN EMPTY STOMACH.

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If you eat fruit like that, it will play a major role to detoxify your system, supplying you with a great deal of energy for weight loss and other life activities.

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FRUIT IS THE MOST IMPORTANT FOOD. Let's say you eat two slices of bread and then a slice of fruit. The slice of fruit is ready to go straight through the stomach into the intestines, but it is prevented from doing so.

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In the meantime the whole meal rots and ferments and turns to acid. The minute the fruit comes into contact with the food in the stomach and digestive juices, the entire mass of food begins to spoil....

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So please eat your fruits on an <u>empty stomach</u> or before your meals! You have heard people complaining — every time I eat watermelon I burp, when I eat durian my stomach bloats up, when I eat a banana I feel like running to the toilet, etc — actually all this will not arise if you eat the fruit on an empty stomach. The fruit mixes with the putrefying other food and produces gas and hence you will

## bloat!

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Graying hair, balding, nervous outburst, and dark circles under the eyes all these will **NOT** happen if you take fruits on an empty stomach.

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There is no such thing as some fruits, like orange and lemon are acidic, because all fruits become alkaline in our body, according to Dr. Herbert Shelton who did research on this matter. If you have mastered the correct way of eating fruits, you have the Secret of beauty, longevity, health, energy, happiness and normal weight.

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When you need to drink fruit juice - drink only <u>fresh</u> fruit juice, NOT from the cans. Don't even drink juice that has been heated up. Don't eat cooked fruits because you don't get the nutrients at all. You only get to taste. Cooking destroys all the vitamins.

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But eating a whole fruit is better than drinking the juice. If you should drink the juice, drink it mouthful by mouthful slowly, because you must let it mix with your saliva before swallowing it. You can go on a 3-day fruit fast to cleanse your body. Just eat fruits and drink fruit juice throughout the 3 days and you will be surprised when your friends tell you how radiant you look!

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**KIWI:** Tiny but mighty. This is a good source of potassium, magnesium, vitamin E & fiber. Its vitamin C content is twice that of an orange.

**APPLE:** An apple a day keeps the doctor away? Although an apple has a low vitamin C content, it has antioxidants & flavonoids which enhances the activity of vitamin C thereby helping to lower the risks of colon cancer, heart attack & stroke.

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**STRAWBERRY:** Protective Fruit. Strawberries have the highest total antioxidant power among major fruits & protect the body from cancer-causing, blood vessel-clogging free radicals.

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**ORANGE:** Sweetest medicine. Taking 2-4 oranges a day may help keep colds away, lower cholesterol, prevent & dissolve kidney stones as well as lessens the risk of colon cancer.

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WATERMELON: Coolest thirst quencher. Composed of 92% water, it is also packed with a giant dose of glutathione, which helps boost our immune system. They are also a key source of lycopene — the cancer fighting oxidant. Other nutrients found in watermelon are vitamin C & Potassium.

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**GUAVA & PAPAYA:** Top awards for vitamin C. They are the clear winners for their high vitamin C content.. Guava is also rich in fiber, which helps prevent constipation. Papaya is rich in carotene; this is good for your eyes.

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**Drinking Cold water after a meal = Cancer!** Can u

believe this?? For those who like to drink cold water, this article is applicable to you. It is nice to have a cup of cold drink after a meal. However, the cold water will solidify the oily stuff that you have just consumed. It will slow down the digestion. Once this 'sludge' reacts with the acid, it will break down and be absorbed by the intestine faster than the solid food. It will line the intestine. Very soon, this will turn into fats and lead to cancer. It is best to drink hot soup or warm water after a meal.

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A serious note about heart attacks HEART ATTACK PROCEDURE': (THIS IS NOT A JOKE!) Women should know that not every heart attack symptom is going to be the left arm hurting. Be aware of intense pain in the jaw line. You may never have the first chest pain during the course of a heart attack. Nausea and intense sweating are also common symptoms. Sixty percent of people who have a heart attack while they are asleep do not wake up. Pain in the jaw can wake you from a sound sleep. Let's be careful and be aware. The more we know the better chance we could survive

This little girl's story telling ability is from memory and it will amaze and delight you.

If you don't watch it you will have missed a great experience.

The story of Jonah on Vimeo

http://vimeo.com/16404771

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#### **IMAX** film of Jerusalem

After a year of research and preparation, this giant Imax 3D screen film, JERUSALEM, is scheduled for worldwide release in 2013. The film takes you on a spectacular and unprecedented aerial tour throughout Israel/Palestine, the Holy Land and the city once believed to lie at the center of the world.

To see it in full screen - click on the 4 small arrows at the bottom right hand corner.

http://www.youtube.com/watch\_popup?v=iPQI6Yupt48

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Jmax's Website http://www.jmaxbits.com/

Jmax Bits Newsletter is now posted each Monday & Thursday on the website. You have the option for a .pdf or a .rtf file.

- 1. For help with a computer problem, put <u>HELP</u> in the subject line and give me info about the computer you're using, if you know it.
- 2.To view or print Jmax Bits Good Services List in the Villages area, click link www.jmaxbits.com
- 3. To sign up for the non-computer newsletter, send an email to VLGSClassifieds@aol.com. Put SUBSCRIBE in the subject line. To send an Ad, place AD in the subject line.
- 4. The Villages Computer Club's web page: Click here: Welcome To The Villages Computer Club

To add your name to the VCC announcements list, send email to The VCC-subscribe@yahoogroups.com

5. Fred Benson's website www.thevillagescomputerbasics.com