

Spyware

It is imperative that you keep spyware out of your computer. At the very least, it can slow down your computer. At worst it can cause harm to your computer and to programs in your computer as well as feed personal information back to it's creator.

Zapping Bad Cookies. Not all cookies are bad. But the bad ones - spy cookies in particular - can be very irritating. You can end up on spam lists. Your personal information could go to somebody you've never heard of. Your Web-surfing habits could be collated. Not good.

The best, fastest, easiest way to protect yourself from spy cookies is with a two-prong approach. First, you should install a bad-cookie catcher. Second, you should double-check your Internet Explorer settings to make sure most irritating cookies don't get through.

One effective bad-cookie and adware blocker is a program called Malware bytes. It can be downloaded FREE.

Download FREE Malwarebytes to your Download folder on your computer.

[Click here: Download Malwarebytes Anti-Malware - FileHippo.com](#)

(The download button is to the right top corner of the download page)

1. Open the DOWNLOAD folder and doubleclick the Malwarebytes file to install it.
2. Click the Malwarebytes file in the startup tray to open it, and select Update from it's menu bar and Check for Updates below on the left.
3. Restart your computer and doubleclick the Malwarebytes icon in the startup tray.
4. Run a FULL Scan on all files.

Note1: The FREE Malwarebytes does not update and run a scan automatically, so be sure to always update before running.

Note2: It is a good idea if you are having trouble and suspect malware, update Malwarebytes and your anti-virus program and run them from SAFE MODE as some such malware is loaded into your computer prior to the loading of Windows.

Open in Safe Mode by pressing the Power button on your computer and begin immediately tapping the F8 key. Select Safe Mode with networking. Once windows opens in Safe Mode, open the Malwarebytes and run a full scan(update before running). Next, run a full scan with your anti-virus program.

Revised 4/2/2012 JMM