WOMEN OF STRENGTH

I know this poem refers to women, but I don't see why it can't refer to men as well...

A strong woman works out every day to keep her body in shape...but a woman of strength kneels in prayer to keep her soul in shape...

A strong woman isn't afraid of anything...but a woman of strength shows courage in the midst of her fear...

A strong woman won't let anyone get the best of her but a woman of strength gives the best of her to everyone...

A strong woman makes mistakes and avoids the same in the future...a woman of strength realises life's mistakes can also be God's blessings and capitalises on them...

A strong woman walks sure footedly...but a woman of strength knows God will catch her when she falls...

A strong woman wears the look of confidence on her face...but a woman of strength wears grace...

A strong woman has faith that she is strong enough for the journey...but a woman of strength has faith that it is in the journey that she will become strong...Author Unknown