

DEPRESSION PRAYER

Beloved Lord, sometimes I feel so depressed that I cannot pray. Please, free me from this prison.

I thank you, Lord, for Your liberating power and in the powerful name of Jesus, I expel from me the evil spirit of depression, hatred, fear, self-pity, oppression, guilt, lack of forgiveness and any other negative force that has conspired against me, I bundle all this up and throw it away in the name of Jesus.

Lord, break the chains that bind me.

Jesus, go back with me to the moment that this depression attacked me and free me from the roots of this evil. Heal all my painful remembrances. Fill me with your love, peace, and joy. Restore in me the joy of my salvation. Lord Jesus, make joy flow out of the deep of my being like a river.

I love You, Jesus, I praise You. Help me remember all the things I ought to thank You for.

Lord, help me reach out and touch You; fix my eyes on You and not on my problems. I thank You, Lord, because You guide me to the valley's gate.

I ask this in Jesus' name.

Dec 20, 2005

Amen!