

How to build community

Turn off your TV(computer)

Leave your house

Know your neighbors, greet people

Look up when you're walking

Sit on your stoop,plant flowers,

Use your library ,play together

Buy from local merchants

Share what you have, help a lost d06

Take children to the park, honor elders

Support neighborhood schools

Fix it even if you didn't break it

Have pot lucks ~' 6arden t0gether

Pick up litter * read stories aloud

Dance in the street

Talk to the mail carrier

Listen to the birds, put up a swing

Help carry something heavy

Barter for your goods

Start a tradition, ask a question

Hire young people for odd jobs

Organize a block party

Bake extra and share

Ask for help when you need it

Open your shades, sing together

Share your skills

Take back the night

Turn up the music or turn down the music

Listen before you react to anger

Mediate a conflict, seek to understand

Learn from new and uncomfortable angles

**Know that no one is silent,
though many are not heard**

Work to change this

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