

ANTI-DEPRESSION KIT

An anti-depression kit contains the following :

An eraser, so you can make all your troubles disappear.
A penny, so you never need to say you are broke.
A marble, in case someone says you've lost all of yours .
A rubber band, to stretch yourself beyond your limits.
A string, to tie things together when everything falls apart.
And hugs and kisses to remind you that someone, somewhere, cares.
(author anonymous)

Choose to have a Wonderful Day!