## **Medicine cabinet**

## (Try at your own risk. I cannot confirm as I've not used most of these... Jmax)

Did You Know That? Drinking two glasses of <u>Gatorade</u> can relieve headache pain almost immediately -- without the unpleasant side effects caused by traditional "pain relievers."

Did you know that toothpaste makes an excellent salve for burns.

Before you head to the drugstore for a high-priced inhaler filled with mysterious chemicals, try chewing on a couple of curiously strong peppermints.. They'll clear up your stuffed nose.

Achy muscles from a bout of the flu? Mix 1 Tablespoon of horseradish in 1 cup of olive oil. Let the mixture sit for 30 minutes, then apply it as a massage oil, for instant relief for aching muscles.

**Sore throat?** Just mix 1/4 cup of vinegar with 1/4 cup of honey and take 1 tablespoon six times a day. The vinegar kills the bacteria.

Honey remedy for skin blemishes ... Cover the blemish with a! dab of honey and place a band-aid over it.. Honey kills the bacteria, keeps the skin sterile, and speeds healing. Works overnight.

**Therapy for toenail fungus** ... Get rid of unsightly toenail fungus by soaking your toes in mouthwash. The powerful antiseptic leaves your toenails looking healthy again.

**Easy eyeglass protection** ... To prevent the screws in eyeglasses from loosening, apply a small drop of nail polish to the threads of the screws before tightening them. !

**Smart splinter remover** ...just pour a drop of white glue\_over the splinter, let dry, and peel the dried glue off the skin. The splinter sticks to the dried glue.

**Tomato paste boil cure** ....cover the boil with tomato paste as a compress. The acids from the tomatoes soothe the pain and bring the boil to a head.

**Vinegar to heal bruises** ... Soak a cotton ball in white vinegar and apply it to the bruise for 1 hour. The vinegar reduces the blueness and speeds up the

healing process.

**Kills fleas instantly**. Dish washing liquid does the trick. Add a few drops to your dog's bath and shampoo the animal thoroughly. Rinse well to avoid skin irritations. Goodbye fleas.

**Rainy day cure for dog odor** ... Next time your dog comes in from the rain, simply wipe down the animal with a dryer sheet, instantly making your dog smell springtime fresh.

**Eliminate ear mites** ... All it takes is a few drops of corn oil\_in your cat's ear. Massage it in, then clean with a cotton ball.. Repeat daily for 3 days. The oil soothes the cat's skin, smothers the mites, and accelerates healing.

Oats - It's not for breakfast anymore! Mix 2 cups to 1 cup of water in a bowl and warm in the microwave for 1 minute, cool slightly, and apply the mixture to your hands for soothing relief from arthritis pain.